

## Key Info



Scan or visit [bit.ly/windermere-ambleside-trail](http://bit.ly/windermere-ambleside-trail) to find the map in Mapometer and download the GPX file

### Start & finish:

Warlocks (Waterhead) Car Park,  
Ambleside LA22 0ES

Time: 1.5-3 hours

Distance: 6 miles

Locks/Portages: None

OS Map: Explorer 7 South Eastern  
Lakes

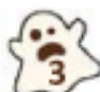
Take a paddle around wicked Windermere. How many of its paranormal residents will you meet?



This route is circular and can be done in either direction depending on wind. It is described here clockwise. Put on the water and turn left. Look out for and give way to all other craft.



As you set out watch for a white horse galloping across the lake. This phantom equine is said to appear when evil or misfortune is coming to the lakeside villages.



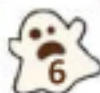
As you make your way along the shore line of the lake can you spot the famous Tizzie Whizzie?! Part hedgehog, part bumblebee and part squirrel, this elusive creature was once captured and photographed.



Paddle for around 2.7 miles, until you see Trout Beck on your left. Do you also see the imposing facade of Calgarth Hall? Here, two grinning skulls returned time and again to the cursed hall, until the death of the man they cursed.



Time to get away! Check for other craft and turn across the lake, to the other side, for your return journey.



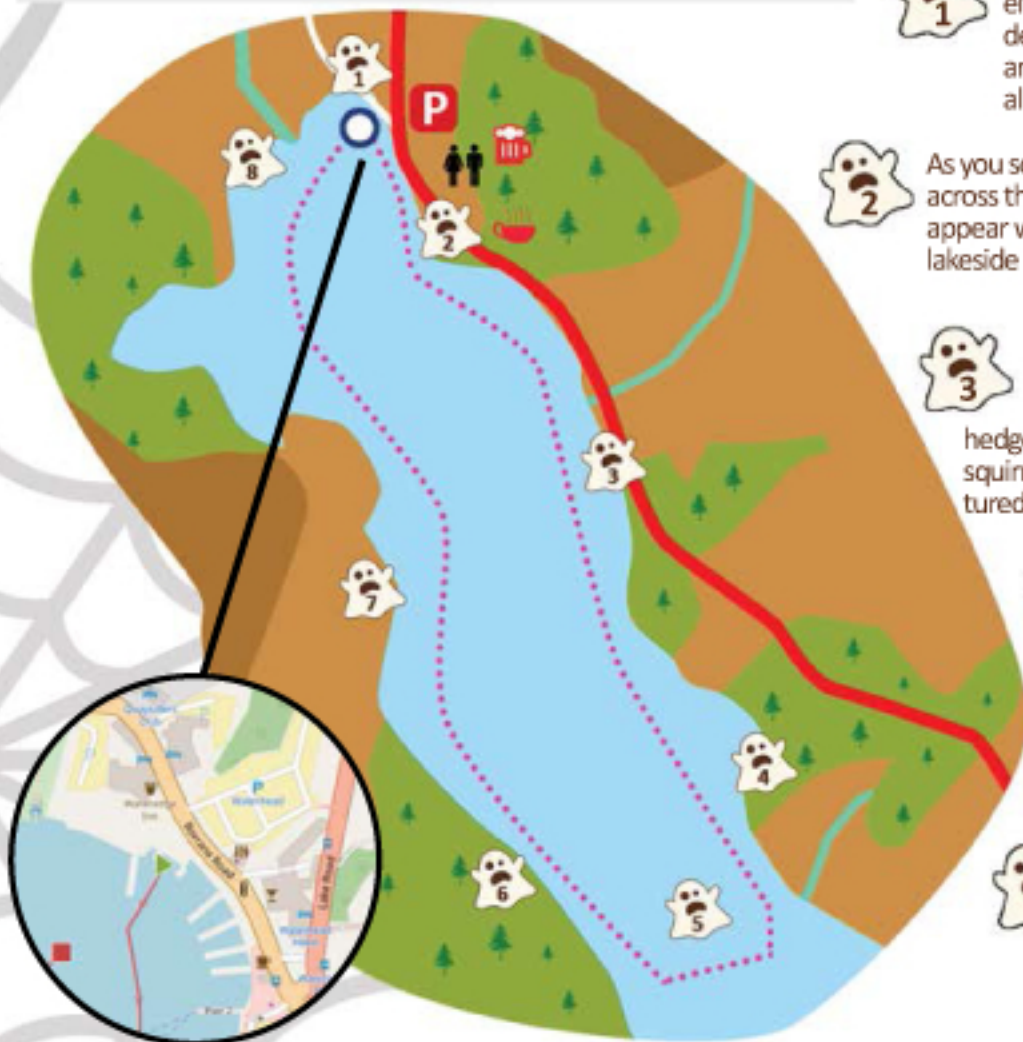
You aren't safe yet though...on this side of the lake the Claife Cryer is said to lure young ferrymen across the water before terrifying them to death!



As you make your way back along the opposite side of the lake to your start point watch out for the giant eel which has been spotted in recent years. The creature has two humps and a small head and is said to be six metres long!



Be aware of other craft as you shiver your way back to your launch point in Ambleside.



Find more  
canoe trails at:  
[gopaddling.info](http://gopaddling.info)



**Be aware: The wind can get up very quickly in this area, causing large waves on the lake. It is essential to watch, or listen to, a full weather forecast, so that winds might be predicted.**

Windermere can be paddled further south but the area nearer to Bowness is even busier, with one of the largest concentrations of power boats in the U.K.

Ambleside is a bustling place, with many hotels, guest houses and restaurants, and the one of the other main towns in the Lakes, Keswick, is only 14 miles to the north. Many hill walks commence in the area.

Further useful information can be found on the following websites:

[www.visitnorthwest.com/lakes/waterhead.htm](http://www.visitnorthwest.com/lakes/waterhead.htm)

[http://www.lakedistrict.gov.uk/visiting/placestogo/explore-](http://www.lakedistrict.gov.uk/visiting/placestogo/explore-windermere/uniquelywindermere/windermereislands)

[windermere/uniquelywindermere/windermereislands](http://www.lakedistrict.gov.uk/visiting/placestogo/explore-windermere/uniquelywindermere/windermereislands)

[www.amblesideonline.co.uk](http://www.amblesideonline.co.uk)

## Safety and Licenses

*We want you to enjoy a safe trip, so here are a few tips for staying safe and paddling responsibly.*

### **Paddle Safe:**

Be prepared and take the right kit:

- Wear a correctly sized buoyancy aid
- Mobile phone – in a waterproof case
- Whistle – to attract attention in case of emergency
- Map and / or route description
- Appropriate clothing for the weather conditions
- + spares in a dry bag
- Food, drink & suncream!

### **Paddle Responsibly:**

Respect the natural environment and other users:

- Respect other waterway users #sharethespace
- Be environmentally aware, minimise your impact
- Ensure you have the correct licence if required
- Observe navigational rules – keep right and give other users space
- Check, Clean, Dry after every trip!

The waterways on this trail don't require you to have a licence to paddle on them. However if you paddle regularly you should consider becoming a member of British Canoeing. A British Canoeing membership gives you a whole range of benefits including a licence to paddle on 4500km of Britain's waterways and Civil Liability Insurance, worth up to £10 million.