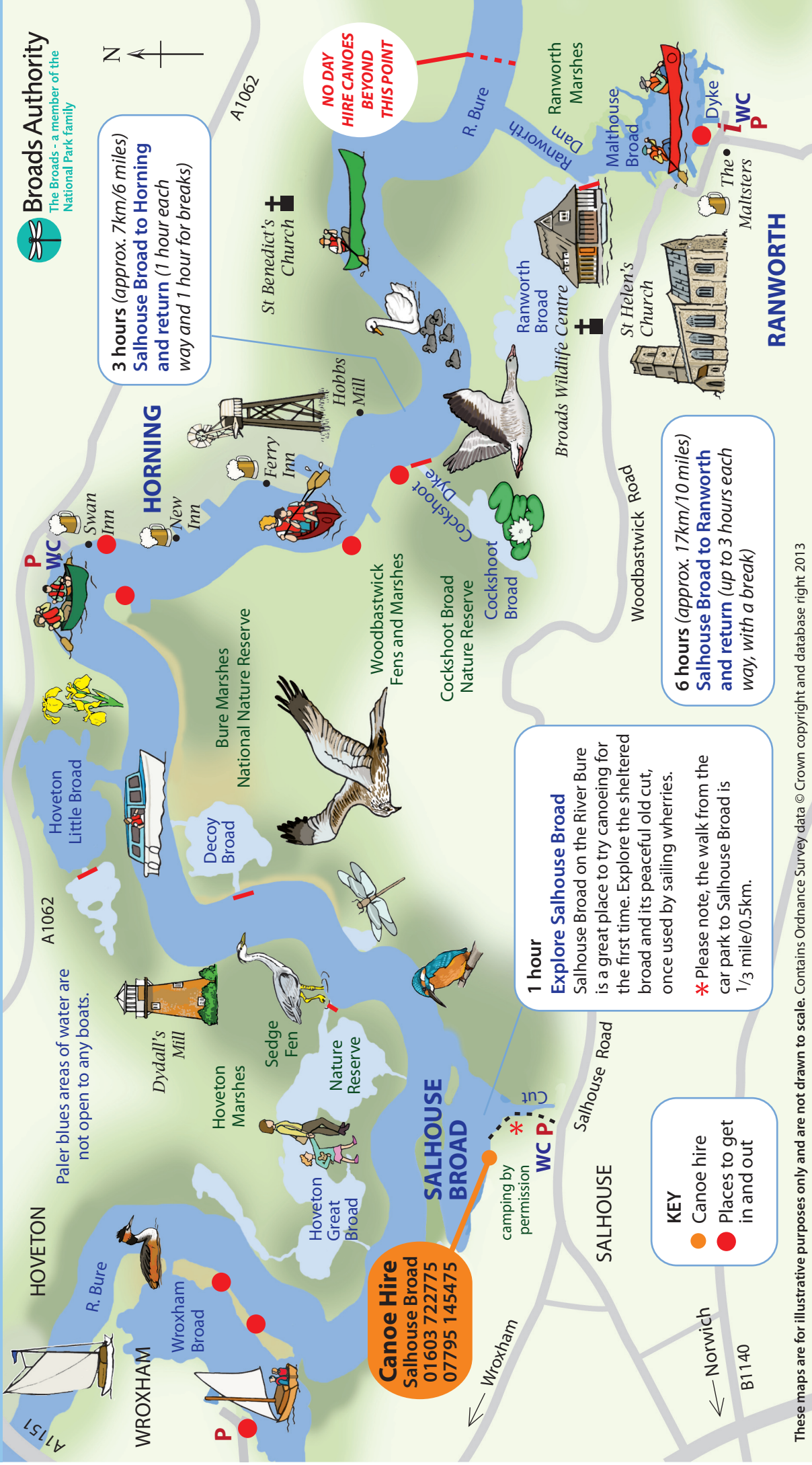


SALHOUSE BROAD CANOE TRAILS

www.enjoythebroads.com



Paler blues areas of water are not open to any boats.

3 hours (approx. 7km/6 miles)
Salhouse Broad to Horning
 and return (1 hour each way and 1 hour for breaks)

HORNING

6 hours (approx. 17km/10 miles)
Salhouse Broad to Ranworth
 and return (up to 3 hours each way, with a break)

1 hour
Explore Salhouse Broad
 Salhouse Broad on the River Bure is a great place to try canoeing for the first time. Explore the sheltered broad and its peaceful old cut, once used by sailing wherries.

* Please note, the walk from the car park to Salhouse Broad is 1/3 mile/0.5km.

KEY
 ● Canoe hire
 ● Places to get in and out

Canoe Hire
 Salhouse Broad
 01603 722775
 07795 145475

NO DAY HIRE CANOES BEYOND THIS POINT

These maps are for illustrative purposes only and are not drawn to scale. Contains Ordnance Survey data © Crown copyright and database right 2013

Canoe Hire Salhouse Broad,
 Lower Street, Salhouse
 NR13 6RX 01603 722775
 or 07795 145475
www.salhousebroad.org.uk

Here are some suggestions for your route, whether you are paddling your own canoe or hiring one. No experience is necessary and routes are suitable for families with children. Times are approximate.

If you have any problems please contact your Canoe Hire Centre. You can also contact Broads Control on 01603 756056, staffed daily 9am-6pm from April to October and 9am-5pm during the winter. If the incident is more serious please call 999 or 112 and ask for the appropriate emergency service, which may be the coastguard.

2 Mers Stads Zeeën
 INTERREG IVA
 ERDF - ERDF - ERDF - ERDF

STEP

"Investing in your future"
 Cross-border cooperation programme
 2007-2013. Part-financed by the European Union
 (European Regional Development Fund)

SALHOUSE BROAD CANOE TRAILS

Salhouse Broad, Lower Street, Salhouse NR13 6RX
01603 722775 or 07795 145475
www.salhousebroad.org.uk

The canoe hire network may make a small charge or ask for a donation for launching your own canoe.
This includes use of car parks and toilets.

Here are some suggestions for your route, whether you are paddling your own canoe or hiring one.
No experience is necessary and routes are suitable for families with children. Times are approximate and allow for breaks on the 3 hour and 6 hour trails. Please check opening times and other details for places mentioned below. www.enjoythebroads.com

1 hour – Explore Salhouse Broad

- Salhouse Broad on the **River Bure** is a great place to try canoeing for the first time. Explore the sheltered broad and its peaceful old **cut**, once used by sailing wherries. Find the gun boat dating back to World War I and discover hidden corners that you can only get to by canoe.
- The surrounding wet woodland known as carr, the marshland and the broad itself are home to a rich variety of wildlife including birds such as herons, great crested grebes, kingfishers, reed warblers and marsh harriers. You'll see lots of silver birch and alder trees, and in early summer you'll see yellow flag irises. Butterflies to look out for in summer include the rare swallowtail, as well as painted ladies and orange tips, and there are lots of dragonflies too such as the rare Norfolk hawk.

3 hours – Salhouse Broad to Horning and return (1 hour each way and 1 hour for breaks)

- If you want to walk round the lovely and hidden away **Hoveton Great Broad Nature Trail** allow about half an hour, and there's an entrance charge. It's just across the river and is only accessible by boat.
- Practise your steering as you cross Salhouse Broad and then for Horning turn right on to the River Bure. You'll see alder carr, a mixture of willows, dog roses and great willowherb along the banks. Watch out for the low flying kingfishers on the quiet stretches round the first two bends.

- On your left you'll see **Dydall's** (or Dydler's) **Mill**, an old tower mill used for drainage. A dydler was someone who kept the dykes or narrow waterways clear. A little further on the left is the entrance to **Hoveton Little Broad** or Blackhorse Broad – paddle in for a visit and it's a good place to enjoy a picnic on the water too.
- The landscape changes as you approach Horning, the banks becoming marshy with tall reeds. Listen out for small warblers amongst the reeds.
- As you arrive at Horning you'll see the **Swan Inn** straight ahead of you. If you keep going round the meander to the right you'll come to the next pub, the **New Inn** and then the **Ferry Inn**, opposite **Woodbastwick Staithe**.
- This staithe is a starting point for the boardwalk to **Cockshoot Dyke and Broad** through part of the **Bure Marshes National Nature Reserve** – allow about three quarters of an hour there and back. A little further along the river from Woodbastwick Staithe you'll come to Cockshoot Dyke on the right. You can also take the boardwalk from here – allow about half an hour there and back. In early summer Cockshoot Dyke is one of the best places to see white water lilies. That's about your limit in 3 hours!

6 hours – Salhouse Broad to Ranworth and return (up to 3 hours each way, with a break)

- From Cockshoot Dyke follow the meandering river and pass the moorings for **St Benedict's Church** on the left. Continue until you reach a turning on the right signposted for Ranworth. As you enter **Malthouse Broad** you'll see Norfolk Wildlife Trust's **Broads Wildlife Centre** and **Ranworth Broad**.
- Head straight across Malthouse Broad towards **Ranworth Staithe** moorings. There's a small **dyke** where you can leave the canoe. Visit the **information centre** here for details about the area, the Granary Shop for an ice cream or snacks and the **Maltsters** for refreshments.
- You can take a boardwalk back out to the wildlife centre and you can visit **St Helen's Church** for one of the best views in the Broads. After the 89 uneven steps, two ladders, trapdoor and vertiginous view you'll be needing a cup of tea at least, so nip into the St Helen's visitor centre and tea room to recover before you paddle back to Salhouse.



If you have any problems please contact your Canoe Hire Centre. You can also contact Broads Control on 01603 756056, staffed daily 9am-6pm from April to October and 9am-5pm during the winter. If the incident is more serious please call 999 or 112 and ask for the appropriate emergency service, which may be the coastguard.



Planning your trip...

- Wear bright clothing for high visibility and footwear which will protect your feet.
- Things to take in a waterproof bag (provided) to go in the canoe:

charged mobile phone

first aid kit and antiseptic wipes

torch and spare batteries

waterproof clothes and spare warm clothes

sun screen, sun hat and sunglasses

hot and cold drinks plus lunch or snacks

anything you need to protect such as a camera

At the launch site...

- Everyone must always wear a buoyancy aid when on or near the water. Don't remove it until you have left the water's edge.
- Beware of Weil's disease (*leptospirosis*) – it is very rare but serious. Cover all cuts and grazes with waterproof plasters.

On the water...

- Canoes are light and easy to tip over. Keep the canoe balanced at all times. Step into the middle when getting in and out. Sit or kneel in the canoe – don't stand up or change places unless you can hold on to the bank. Don't lean over and don't hit the bank.
- Stay on the right hand side of the river or channel. Don't cut corners on bends. Keep close to the banks unless advised otherwise.
- Keep track of time – allow enough time for the return journey. Make allowances for winds and currents which may slow you down.
- Paddle gently and at a distance from wildlife to minimise disturbance.
- Keep a lookout for other boats and anglers and give them plenty of room – they may not have seen you.
- Be considerate when entering other designated water sports zones.
- Keep clear of overhanging trees and branches.
- Don't grab hold of ropes from other boats, even if moored.
- For safety reasons don't drink alcohol on the water.
- Clean your hands with antiseptic wipes before eating or drinking.
- Never enter the water to rescue someone – reach, or throw a rope or anything that will float.
- If you capsize stay with the canoe – it will float. Swim with it to the bank, empty it out and use it to collect anything lost overboard.

And if you have your own canoe...

- Make sure your equipment, including a buoyancy aid for everyone, is suitable and in good order.
- Let someone know where you are going and when you are safely off the water.
- Take into account the weather forecast, tides, water flows and levels in relation to your equipment and your ability, and that of others if you are in a group.
- Don't cause an obstruction when parking or obstruct footpaths with gear.
- Make sure you have permission to use the launch site and use the designated paths.
- Launch and land with care and where the bank has vegetation.



We need to minimise the spread of invasive alien species such as *Dikerogammarus villosus* or the 'killer shrimp'. So after canoeing please remember to:

Check equipment and clothing for live organisms – particularly in areas that are damp or hard to inspect. If you come across any killer shrimp, leave them at the water body where you found them.

Clean and wash all equipment, footwear and clothing thoroughly.

Dry all equipment and clothing – killer shrimp can live for up to two weeks in moist conditions. Make sure you don't transfer water to another place.

www.checkcleandry.com

EMERGENCY INFORMATION:

If you have any problems please contact your Canoe Hire Centre. You can also contact Broads Control on 01603 756056, staffed daily 9am-6pm from April to October and 9am-5pm during the winter. If the incident is more serious please call 999 or 112 and ask for the appropriate emergency service, which may be the coastguard.